

# Carry On

*(Inspired by Psalm 46:1-3)*

## Verse 1

When the ground beneath me shakes,  
And the mountains start to fade,  
When the waves come crashing in,  
And I feel the weight again -  
You are steady through it all,  
When I stumble, still I stand tall,  
'Cause Your voice is whispering my name,  
And I know I'm not the same.

## Pre-Chorus

Though the world around me falls,  
I will trust You through it all -

## Chorus

*You are my refuge, my strength, my song,  
My shelter when the nights feel long.  
When fear surrounds and hope feels gone,  
You lift me up and help me carry on.  
Though the earth gives way, I will not fear,  
Your promise is forever near—  
In every storm, You're holding on,  
You help me carry on.*

## Verse 2

When the dark clouds hide the light,  
You remind me I'll be alright.  
Even when the river roars,  
Your peace is stronger than the storm.  
You are faithful, You are true,  
Every breath is proof of You.  
I won't run, I won't hide,  
You're the fire that burns inside.

## Pre-Chorus

Though the world around me falls,  
I will trust You through it all -

## Bridge

Even if the oceans roar,  
Even if the mountains shake—  
I will stand upon Your word,  
You are strong, You never break!  
Even in the fiercest fight,  
You are with me day and night—  
My heart will rest, my faith will rise,  
You're the fortress of my life!

## Outro

Yeah, You help me carry on...  
My refuge, my strength, my song.